

The Excalibur Club

January 2016
E D I T I O N
BI-MONTHLY NEWSLETTER

1 (800) 361-1072 • WWW.EIGROUP.CA



Friends don't let friends go naked.

Most insurance companies wouldn't make the time. **We do.**
Check your coverage with our **FREE PROTECTION CHECK-UP**

When it comes to insurance, people generally experience frustration for one reason - they get blindsided by something they didn't see coming.

What's Naked Insurance?

Naked Insurance refers to the gaps in your coverage that might exist due to changes in the insurance industry, new situations or circumstances.

Picture the moment an insurance company tells you to read the fine print after a devastating winter storm - only to point out that your claim is not covered. Or, you are covered but only partially.

10 minutes can literally save you thousands of dollars

At Excalibur we believe in taking the time to revisit your policy, share what's new and determine if your current coverage is still meeting all of your protection needs.

The majority of insurance companies can't be bothered - but that's where we differ.

As a valued customer we invite you to **CALL US TODAY** and **SCHEDULE YOUR FREE PROTECTION CHECK-UP.**





MONTHLY REFERRAL DRAW *Winner*

Congratulations to **Matt Becker** who was the \$100 winner of our December Draw. Refer a friend & win (See details on reverse side.)

Your Contribution Made a *Difference!*

Our 12 Days of Christmas Giving Food Drive was a tremendous success! We had food dropped off at all of our Excalibur offices in Clinton, Wingham, Mitchell and Exeter.

Wingham took their items to the local Food Bank, and so did Mitchell and Exeter. Clinton took their donations to the Salvation Army Food Bank. All food banks distributed to their local area families in need.

As part of the initiative, Melvin and Una brought 26 Blankets to both our Perth & Huron Women's Shelter so that people would have something bright and warm for the holiday season.

We hope next year we can do more than double what we did this year. Thank you to everyone who helped us make this possible and for all the kind donations. In the spirit of giving, we were also happy to present \$500 to the North Huron Food Bank.

Please remember that these organizations are always appreciative of your donations all year round!



Aaaaaah. Vacation. White beach. Blue water. Colourful drinks with little paper umbrellas. New sights, new sounds, new smells...Maybe you'll rent a car and explore. Maybe you won't.

Invest an hour in some preparation, and know that if something does happen, you'll be protected.



WIN 4 Tickets to the Game!



WHERE: Budweiser Gardens, London ON

WHEN: Family Day Feb 15th

TIME: 2:00PM

TO ENTER PLEASE DO THE FOLLOWING:

1. Like our facebook page if you are not already a member.
2. Like & Comment on the facebook post.
3. Share the facebook post.
4. For 2 extra entries please follow us on twitter and re-tweet our post.
5. If you DO NOT have a facebook account and would still like to enter into this draw please email carmstrong@eigroup.ca.

The draw will be made on Friday February 5, 2016. If the winner does not claim their prize by Monday February 8, 2016 we will draw another name. Good luck & Go Knights GO!



The Best Healthy Turkey Chili Ever!

Get ready for the Super Bowl and enjoy. Perfectly spiced healthy chili made with lean ground turkey, kidney beans and corn.

DIRECTIONS

1. Place oil in a large pot and place over medium high heat. Add in onion, garlic and red pepper and saute for 5-7 minutes, stirring frequently. Next add in ground turkey and break up the meat; cooking until no longer pink. Next add in chili powder, cumin, oregano, cayenne pepper and salt; stir for about 20 seconds.
2. Next add in tomatoes, chicken broth, kidney beans and corn. Bring to a boil, then reduce heat and simmer for 30-45 minutes or until chili thickens and flavors come together. Taste and adjust seasonings and salt as necessary. Garnish with anything you'd like.
3. Makes 6 servings, about 1 1/2 cups each.

INGREDIENTS

- 2 teaspoons olive oil
- 1 yellow onion, chopped
- 3 garlic cloves, minced
- 1 medium red bell pepper, chopped
- 1 pound extra lean ground turkey or chicken (99%)
- 4 tablespoons chili powder
- 2 teaspoons ground cumin
- 1 teaspoon dried oregano
- 1/4 teaspoon cayenne pepper
- 1/2 teaspoon salt, plus more to taste
- 1 (28-ounce) can diced tomatoes
- 1 1/4 cups chicken broth
- 2 (15 oz) cans dark red kidney beans
- 1 (15 oz) can sweet corn
- For topping: cheese, avocado, tortilla chips, cilantro, sour cream

Submit your recipe to carmstrong@eigroup.ca and if we use it you win a giftcard.

Refer a Friend & Win!

VISIT EIGROUP.CA OR CALL: 1 (800) 361-1072 TO REFER A FRIEND.



For EACH referral you receive a \$5 Tim's Card OR a New Orleans Pizza.



Your name is entered in our MONTHLY DRAW for a chance to win \$100.



Your name will be entered to win our QUARTERLY PRIZE - a Big Screen TV.

Trivia

Email the two correct missing answers for #1 and #5 on, or before January 31st to carmstrong@eigroup.ca and win a great prize! We'll draw two winners February 1, 2016 and announce them on facebook.

1. The worlds largest taxi company owns no taxis. (Answer?)
2. The largest accommodation provider owns no real estate. (AirBnB)
3. The largest telephone company owns no infrastructure. (Skype)
4. The worlds largest retailer has no inventory. (Alibaba)
5. The world's largest movie house owns no cinemas. (Answer?)
6. The most popular media owner creates no content. (facebook)
7. The fastest growing banks have no money. (SocietyOne)

IT WILL HURT
IT WILL TAKE TIME
IT WILL REQUIRE DEDICATION
IT WILL REQUIRE WILLPOWER
YOU WILL NEED TO MAKE HEALTHY DECISIONS
IT REQUIRES SACRIFICE
YOU WILL NEED TO PUSH YOUR BODY TO IT'S MAX
THERE WILL BE TEMPTATION
BUT I PROMISE YOU THIS
WHEN YOU REACH YOUR GOAL
IT WILL HAVE BEEN
WORTH IT

- Quote found by Excalibur's Andrea VanderLoo